

Männlich

| RK | Stnr | Name | Club | Zeit | Swim | Bike | Run |
|-----|------|--------------------|---------------------------|----------|----------|----------|----------|
| 1 | 62 | Glanzer, Christian | RC Figaro Sparkasse Lienz | 00:13:27 | 00:02:38 | 00:07:12 | 00:03:02 |
| 2 | 16 | Hauser, Jonas | RC Figaro Sparkasse Lienz | 00:13:44 | 00:02:34 | 00:07:21 | 00:03:12 |
| 3 | 18 | Kovic, Janus | CSA GORIZIA TRIATHLON | 00:14:16 | 00:02:41 | 00:07:14 | 00:03:40 |
| 4 | 17 | Berlot, Sebastian | CSA GORIZIA TRIATHLON | 00:14:27 | 00:02:54 | 00:07:15 | 00:03:42 |
| 5 | 15 | Riegler, Noah | HSV Triathlon Kärnten | 00:16:22 | 00:03:16 | 00:07:51 | 00:04:21 |
| 6 | 65 | Grabner, Johannes | ASKÖ ARBÖ RC Feld am See | 00:17:23 | 00:04:09 | 00:08:31 | 00:03:44 |
| DNF | 53 | Noisternig, Jannik | HSV Triathlon Kärnten | - | 00:05:27 | - | - |

Weiblich

| RK | Stnr | Name | Club | Zeit | Swim | Bike | Run |
|----|------|------------------------|---------------------------|----------|----------|----------|----------|
| 1 | 35 | Hauser, Leonie | RC Figaro Sparkasse Lienz | 00:13:32 | 00:02:26 | 00:07:23 | 00:03:10 |
| 2 | 33 | Sumper, Nicole Manuela | Sport am Wörthersee | 00:13:51 | 00:02:55 | 00:06:25 | 00:03:52 |
| 3 | 38 | Kovic, Sara | CSA GORIZIA TRIATHLON | 00:14:12 | 00:02:35 | 00:07:22 | 00:03:30 |
| 4 | 37 | Resen, Giorgia | CSA GORIZIA TRIATHLON | 00:15:12 | 00:02:43 | 00:07:38 | 00:04:07 |
| 5 | 34 | Moser, Esther | biketeam Köttmannsdorf | 00:15:31 | 00:03:27 | 00:07:51 | 00:03:32 |
| 6 | 61 | Thurner, Basilia | Sport am Wörthersee | 00:15:36 | 00:03:22 | 00:07:46 | 00:03:38 |
| 7 | 36 | Hipp, Carmen | ARBÖ ASKÖ Wollanig | 00:16:10 | 00:03:56 | 00:07:03 | 00:04:18 |
| 8 | 49 | Holzmann, Elena | HSV Triathlon Kärnten | 00:18:25 | 00:03:32 | 00:09:53 | 00:04:09 |